

Update on Cat vaccinations

Recently, following ongoing research, the way we can administer cat vaccinations has changed. The leukaemia and enteritis components of the vaccines we use have now been shown to provide immunity for three years. This means that for the two interim years your cat will only need to have their 'flu boosters and will still have full protection. Please speak to a member of staff if you have any questions.



Welcome to the first edition of our Practice Newsletter 2020. We hope you, and your furry families, all had a happy and healthy Christmas!

With New Year's resolutions on our minds, and with 51% of dogs and 44% of cats now overweight or obese, we wanted to take the opportunity to make you aware of the support we can offer when it comes to managing your pet's weight.

Promotions

Bravecto - Buy 3 doses get 4th FREE (within 12 months, for an individual animal)

Milbemax - Buy 3 tablets, as a single purchase, and get 1 FREE

Lanes dog and cat food - Buy 5 bags, of the same size, and get the 6th FREE

Or, for even more fantastic discounts and savings, consider spreading the cost of your pet's routine healthcare with our fantastic VIP plan

Staff news

Over the past few months a number of our staff have been busy welcoming new arrivals...of the two legged kind! Congratulations to Garstang receptionist Ria, and partner Paul, on the birth of baby Zac and Vet Jo and her husband Andrew, on the safe arrival of twin boys, Henry and Thomas.

We also need to say a huge well done to three of our trainee nurses; Zoe at Poulton, Mary at Garstang and Rebecca at Lancaster for great success in their recent exams!

We would like to welcome vet Maria, and nurse Charlotte, into the family at Lanes. Both are based between the Poulton and Garstang branches.

GARSTANG

Lanes Vets Garstang
Leachfield Industrial
Green Lane West
Garstang PR3 1PR
01995 603 349

LANCASTER

Lanes Vets Lancaster
Estate 4 - 5 Lake Enterprise Court
Ladies Walk, Caton Road
Lancaster LA1 3NX
01524 677 77

POULTON-LE-FYLDE

Lanes Vets Poulton
235 Garstang Road East
Poulton-le-Fylde
Lancashire FY6 8JH
01253 891 088

COTTAM

Lanes Vets Cottam
Tabley Lane
Higher Bartle
Preston PR4 0LH
01772 970 292

Weight Management

Here at Lanes Vets we offer a wide range of nurse clinics, one of which is Weight Management Clinics (WMC's).

This involves visiting the practice every 2-3 weeks, ideally seeing the same Registered Veterinary Nurse (RVN) for continuity. At this visit we will weigh, Body Condition Score (BCS) and measure neck, chest and waist of your pet. We use these tools to make sure the tailored changes we have made are working at a controlled and measurable pace.

This service is offered to, not only our furry friends that need to lose weight but also to those who need to put on weight in a healthy, safe and controlled manner.

If you would like to book in to see an RVN regarding the weight of your furry friend or have any enquiries about WMC's, please feel free to call your local branch for further information.

The best bit is that WMC's are FREE.



Tips to help you, help your pet, to lose weight

- Walking! Try adding an extra 10 - 15 minutes onto your daily walk, good for both you and the dog!
- Low Calorie Food - Providing a good quantity of lower calorie food will help your pet feel fuller for longer after meal times compared to cutting back on their normal diet alone. Speak to one of the team about the low calorie food options we have on offer.
- You can add a little veg, such as cabbage, carrots or broccoli, when you are cutting down on your dog's meat or biscuits (but no onions, which are bad for pets!)
- Don't leave food out all day. Contrary to popular belief a cat will not always regulate how much it needs to eat. Offer food at mealtimes and lift any uneaten food after an hour or so.
- Consider "empty" calories contained within treats and titbits, and cut these out of your pets diet.
- Weigh your pet's daily allowance of food, and make sure you do not exceed this. Keeping some biscuits back from the total amount means you can offer your pet a "treat" without exceeding their calorie requirement for the day